

## [CONTENTS]

|                   |   |     |
|-------------------|---|-----|
| PREFACE           | ix  |     |
| ACKNOWLEDGMENTS   | xv  |     |
| ONE               | What Is Money?  | 1   |
| TWO               | Money in the United States: Poverty, Paychecks,<br>and Prosperity | 11  |
| THREE             | Values, Imagination, and Money                                    | 33  |
| FOUR              | The Esteem to Dream   | 43  |
| FIVE              | The Fun-House Mirror  | 63  |
| SIX               | Bringing Life to Your Vision                                      | 87  |
| SEVEN             | Financial Recordkeeping: Getting into Action                      | 105 |
| EIGHT             | Working with Clients  | 115 |
| NINE              | Wealth and Well-Being: Bringing It All Together                   | 133 |
| APPENDIX A        | Sample Worksheets and Exercises                                   | 141 |
| APPENDIX B        | Maslow's Hierarchy of Needs                                       | 195 |
| APPENDIX C        | The Twelve Steps of Alcoholics Anonymous                          | 197 |
| APPENDIX D        | Reading List  | 199 |
| NOTES             |   | 205 |
| GLOSSARY          |   | 211 |
| INDEX             |   | 217 |
| ABOUT THE AUTHORS |   | 223 |